



LIVE LONGER! LIVE HEALTHIER! — walk 10,000 steps per day

Omron® Pedometer

Simple, accurate easy to use

- Wear at the hip
- Stores 7 days of information
- Automatically resets at midnight so it is ready to go every morning
- Includes clock & battery



SALE: \$15.⁹⁹
Reg. \$17.⁹⁹

Urban Poles



- Series 300 — #1 seller
- Series 400 — 5% of sales donated to breast cancer research
- Adventure — trekking
- Activator — rehabilitation & older adults

SALE: \$89.⁹⁹
Reg. \$99.⁹⁹

Fitter Pro Yoga Mat

Professional quality non-slip yoga mat

- Available in blue, teal, black, red and lavender
- 72" x 24" x 1/4"



SALE: \$30.⁹⁵
Reg. \$34.⁹⁵

Stretch Out Strap

Make workouts safer with pre- and post stretches

- Multi-position grips for deep, gradual stretching of major muscle groups
- Safe and effective
- With illustrated, color guide booklet of 30 stretches



SALE: \$30.⁹⁵
Reg. \$34.⁹⁵

Dynatrack Patella Stabilizer

- Aluminum hinges
- Internal patella buttress
- Anterior closure design
- Internal SkinLoc pad
- Open popliteal area
- Multiples sizes: knee circ. from 10" - 22"



SALE: 76⁰⁰
Reg. \$86.⁰⁰

Pedors

Comfort for those with foot complaints



Classic



Mary Jane

- Adjustable closures
- Removable insoles
- Washable
- Available in medium, wide and XW widths
- Ideal for swollen feet, corns, bunions, hammertoes, neuromas, & poor circulation

SALE: \$95.⁹⁵
Reg. \$109.⁹⁵





Airgo® eXcursion Walker



NEW

the lightest side fold walker

- Easy to fold
- Ultra-light frame
- Ergo-form handgrips
- Collapsible basket
- 3 sizes—regular, hemi and WDW Extra wide
- The ONLY 400 lb capacity XWD side-fold walker!

\$379.⁹⁵

AquaSense Toilet Safety Frame



NEW

- Height adjustable for proper fit and comfort
- Full length plastic armrests
- Slip resistant textured surface on armrests
- Sturdy
- Sturdy rubber tips
- Can be lifted to provide better access for cleaning

\$65.⁰⁰

Dana Douglas Modular Transfer Bench



NEW

Makes getting in and out of the tub safer



- Removable seat allows shower door to close
- Built-in soap rest
- Removable back
- Wide assortment of accessories

\$154.⁰⁰

Aquasense Adjustable Bath Seat



Now available in White, Blue Yellow and Taupe

- textured surface
- Seat handles
- Slip resistant rubber safety tips
- Available with or without back

**Without back \$75.⁰⁰
With back \$95.⁰⁰**

Skin Care and Ostomy

1. Keep skin around the stoma healthy and free of irritation.
2. Ensure your pouch fits properly.
3. Change your pouching system at the frequency recommended.
4. Clean the skin around the stoma with warm water.
5. Use only mild soaps without oils, perfumes or deodorants and rinse well. Do NOT use alcohol, moistened wipes, baby wipes or towelettes that contain lanolin or other oils.
6. Ensure your skin is dry, before putting on a new pouching system.
7. Each time you remove your pouch, check for swelling, redness, rash or irritated skin. If the problem persists, contact your ET nurse.

Stomahesive® Protective Powder

Helps form a protective barrier for excoriated or weeping skin.



- Use only on recommendation of your ET nurse
- Apply to clean, dry skin
- Lightly dust area with powder; smooth and remove excess.
- Apply pouch as usual.

**SALE: \$14.⁵⁹
Reg. \$16.⁵⁹**

